



ATHLETIC  REPUBLIC™

Pre Season Basketball Skills Program

Improve your shooting and offensive skills

Get ready for the season

Aurora BayCare Sports Medicine's summer basketball training program will help you take your game to the next level.

Camp Coach
Dave Johnson



powered by

ATHLETIC  REPUBLIC™

Aurora BayCare Medical Center

 Aurora Health Care®  BAYCARE CLINIC

Offensive Skills Training

Receive individualized training from our expert coaches to help you develop your offensive game. During this program you will focus on:

- Shooting mechanics
- One-on-one offensive skills
- Beating your defender

Each athlete will use our specialized equipment

The Noah Select shooting system

Become a more consistent shooter by achieving your "optimal arc angle."

Video analysis

Our coaches will use video analysis to improve your shooting mechanics. Get all of your videos e-mailed right to you for quick access.

Pre season basketball training sessions

Mondays & Wednesday, Sept. 26 to Nov. 2

7 to 8 p.m.	Girls Camp (Ages 10 and up)
8 to 9 p.m.	Boys Camp (Ages 10 and up)

*All sessions will combine like-ages in the same groups
 * Minimum of 6 participants required

Cost (12 total sessions) \$175

To register for the Athletic Republic Pre Season Basketball Skills program, call 920-288-5400.

Aurora BayCare Sports Medicine

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www.AuroraBayCare.com/SportsMed

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